WITH A PINCH

alted caramel has slowly climbed its way up from being a novelty that was available only at five-star buffets to something that you now find at most city dessert outlets. It's clearly the hot new thing to try, and is being stocked in jars, sold at supermarkets, piped onto cakes, pushed into doughnuts and even

swirled with our coffees What differentiates it from regular caramel is that, apart from being made with sugar (like any caramel is), the amber sauce is hinted with a fat pinch of salt. The salt used can be kosher, sea salt, table salt or fleur de sel a French speciality.

According to Kiran Salaskar, owner of Mumbai-based bakery and gourmet store Country of Origin, "Since salted caramel sauce has a well rounded flavour and is a perfect balance of sweetness and

salinity, it has

found many takers." Salaskar's Napean Sea

Road bakery was one of the first to make use of

salted caramel sauce in its desserts in March last year So we went on a dessert hunt in the city, looking for the best varieties made using salted caramel. Here are five that you just have

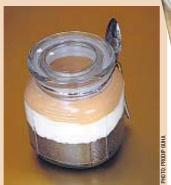
WHAT: Salted Caramel Cake and

WHERE: Le 15 Patisserie, Elphinstone Road f you are turning older, why shouldn't your birthday cake too? Keeping this in mind, baker Pooja Dhingra has notched up the cake-cutting experience by making it more adult-like. To add a touch of unique ness, she fuses chewy sheets of salted caramel between layers of chocolate sponge and ganache. In essence, the caramel layer tastes exactly like mou (a popular French toffee made by cooking sugar). It's then flavoured with fleur de sel. The final cake comes garnished with pieces of roasted almonds that play up the textural drama by adding crunchiness. Apart from cake, Le 15 Patisserie uses salt to flavour their chocolate and caramel tarts and sea salt macaroons

PRICE: ₹650 for 500 gm of salted caramel cake, ₹95 per tart and ₹60 per macaroon.

CONTACT: 97692 86544, 98204 87727





WHAT: Salted Caramel and **Cookie Dough Jar**

WHERE: Country Of Origin, Napean Sea Road Whether you are having a movie night with your girl gang or getting over a bad break-up, give ice cream tubs a ditch and grab a dessert jar instead. Filled to the brim with lethal layers of cookies, cream and salted caramel sauce, the jar from Country Of Origin cheers you up in no time. While the first two layers of this dessert (cookies and cream) are tame and cloyingly sweet, the last one is wild, sel-hinted carame sauce. The dessert has a portion size that is good enough for four people and is also available in an eggless version.

PRICE: ₹750 per jar CONTACT: 2364 2221



WHAT: **Salted Caramel Cupcake** WHERE: Not Just Desserts by

WHAT: Salted Caramel

t's not a Sunday unless it is spent lazing around a lavish brunch buf-

Caramel Waffles are quite the show

stealers. While the morning cake is

typically served with maple syrup or

honey, at Fenix, it comes with a driz-

zle of deep, brown and briny

caramel emulsion. The addition gives patrons a chance to dig into

something unique and provides respite from typical accompani

a storey shorter than the fluffy Belgian variety, but their

taste and pairing makes the bite

PRICE: ₹375

ments. Height-wise, the waffles are

fet. Available as part of Fenix's weekend spread, the Salted

WHERE: Fenix, The Oberoi Mumbai, Nariman Point

Sabina, Wadala Cupcakes are no longer a novelty. So the best way to wow your audience is to serve them in unheard-of flavours. One such is baker Sabina Gupta's salted caramel cupcake. The dessert is set on a regular base of chocolate cake but the frosting sets it apart. Made by whisking together salted caramel with butter cream, the brown icing is sweet with an overtly salty aftertaste. The swirl has a topping of crispy, concentrated

caramel sheets that create textural contrast and elevate the savouriness of the dessert. Apart from cupcakes, Not Just Desserts also sells salted caramel pudding set in little jars.

PRICE: ₹70 per cupcake and ₹300 per jar CONTACT: 2418 0655



WHAT: Salted Caramel Verrin

WHERE: Yauatcha, Bandra Kurla Complex

Tall, dark and handsome gets a new meaning with a glassful of this dessert. Verrin is a dessert of French origin and stands for anything that comes layered in a mould. At this dim-sum and tea house, the confectionery comes set in highball glasses and has multiple layers. Its bottom-most pit is filled with crumbs of hazelnut brownie followed by a rocky layer of pounded peanuts. To balance out these crunchy elements, the chef then tops it with a coat of smooth, salted caramel sauce that is brown and sweet with a salty overturn. And this is not the only savoury element in the dish. The dessert also has piquant pieces of gingerbread and a spicy cremeux (cream sauce spiked with cardamom, star anise and cinnamon). Together, the elements work to take the sweet edge off the verrin and give it an aftertaste to remember.



AROUNDTOWN

Golden Dragon turns 40

olden Dragon, with its claims of being India's first authentic Sichuan restaurant, has just turned 40. In four decades, Taj Mahal Palace's signature restaurant has made a mark on India's culinary scene. To celebrate its 40th anniversary, the eatery will revive some of its old favourites and classics such as the Song of the Dragon, Mapo Tofu and Chocolate Dimsums. For further information, call 6665 3272.







MADHUBAN CINEPLEX Dombivali,
11:45 a.m., 3:45, 6:00, 8:15, 10:30 p.m.

KASTURBA (Malad, 3:15 p.m.), MEGHRAY (Vashi, 12:30, 3:30, 6:30, 9:30 p.m.),

KMOVIESTAR (Vasai, 10:00 a.m., 12:30, 3:00, 5:30, 8:00, 10:30 p.m.),

KTVISION (Vasai, 10:00 a.m., 12:30, 3:00, 5:30, 8:00, 10:30 p.m.),

FUN FIESTA (Nalasopara, 2:30, 5:00, 7:45, 10:30 p.m.),

MORESHWAR BIG CINEMAS (Pen, 12:15, 3:15, 6:15, 9:30 p.m.). A UTV MOTION PICTURES RELEASE

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TILAK CINEPLEX

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K.T. VISION

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Charni Road.

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BAHAR - Parle. ROXY Opera Phoenix Mills - Lower Parel | Phoenix Market City - Kurla GAIETY Bandra. globus Bandra. Dynamix Mall - Juhu | Oberoi Mall - Goregaon | Nirmal Life Style - Mulund. Sion | Bandra | Infiniti - Versova | Andheri (E) | Goregaon | Infiniti -Malad | Growel's - Kandivali (E) Goregaon | Malad | Dahisar Kandivali (W) | Ghatkopar | Eternity Mall - Thane | Wo am - Andheri | Huma Mall - Kanjurmarg R City - Ghatkopar | R Mall - Mulund | Fun City - Ulhasnagar | Vashi | Little World - Kharghar. Nakshtra - Dadar I Inorbit Mall - Malad I Raghuleela Mall - Kandivali (W) I Thakur Movie - Kandivali Neelyog - Ghatkopar I Thakur Mall - Dahisar I Raghuleela - Vashi I Metro Junction Mall - Kalyan. PREMIERE GOLD [Dongri], CITUIGHT [Matunga], AURORA [Matunga], DIAMOND [Borivali], K SERA SERA [Kurla], KAMRAN [Kurla], SAHKAR PLAZA [Chembur], MEHUL [Mulu ALISHAN [Mumbra], HASEEN [Bhiwandi], MECHRAJ [Vashi], MAX [Kharghar | Nerul], APNA [Khandeshwar], RASSAZ [Mira Road], K.T. VISION - K MOVIE STAR [Vasai], FUN FIESTA [Nalasopara], K.T. MULTIVISION [Boisar], BIG MORESHWAR [Pen], CINEBLISS NEELKAMAL [Lonavala] and other cinemas.

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